

Know Your Rights Guide for migrants in the UK

The purpose of this guide

Migrants' Rights Network has produced a *Know Your Rights* guide for migrants in the UK, to help you understand your rights in a situation where immigration rules are changing regularly. We hope that it will help you to understand how the law affects you and what you can do.

We have written this guide for all migrants living in the UK, including those without documents and those trying to regularise their immigration status, including asylum seekers. It is also useful for anyone who cannot prove they are British or have Indefinite Leave to Remain, for example if you don't have a passport or immigration documents. Other migrants, including those from the European Union, refugees and those with Limited Leave to Remain will also find it useful.

In recent years, the government has been making it harder for all migrants to live their lives without the fear of immigration checks and the threat of deportation or removal from the country. The government hopes that this will force many to leave the UK. They also want to discourage other people from coming into the country.

Who produced this guide & what it contains

This guide will explain what your rights are, how changes in the law may affect you, what you can do if you face challenges, and where you can go for support and advice.

The guide is a collaboration between several organisations who work to defend and promote the rights of migrants, and who routinely witness the brutal impact of harsh policies on migrants' lived experiences. MRN has worked with organisations who have authored specific sections relating to rights in 12 key areas of everyday life:



we stand up for all migrants

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- **Banking:** find out what the rules are around banking, and what you can do if a bank makes an incorrect decision.
- **Digital rights:** find out what your rights are in relation to your personal data, and how you can control it.
- **Driving:** find out what your rights are to drive in the UK, and how to deal with the police and licence issues.
- **Education:** find out about your rights in relation to education and who to talk to if these rights are not being upheld.
- **Employment:** find out about your rights relating to working in the UK, and how current rules affect both employers and employees.
- **Exploitation:** find out what constitutes exploitation and who you can talk to if you think you're being exploited.
- **Hate Crime:** find out what constitutes hate crime, and what to do if you've been affected by it.
- **Health:** find out what your rights are for receiving medical care and what to do if you receive a medical bill you can't pay.
- **Housing:** find out about your right to rent housing in the UK.
- **Mental Health:** find out about mental health and your options for getting support. This guide applies only in England and Wales.
- **No Recourse to Public Funds:** find out what your rights are in relation to NRPF and how your local authority can support you.
- **Social Services:** find out about your rights to access public funds if you're in need.

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Accessing this guide

We have made this guide available online as well as in PDF format, in English, French, Russian, Turkish and Ukrainian. Many more languages will be available soon : see all the available languages here.

With special thanks to

1. OAgainst Borders for Children
2. Doctors of the World UK
3. Focus on Labour Exploitation (FLEX)
4. Liberty
5. Migrants at Work
6. Migrants' Rights Network (MRN)
7. Mind
8. Open Rights Group
9. Project 17
10. Victim Support
11. Welsh Refugee Council
12. The Unity Project



AGAINST BORDERS FOR CHILDREN



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